



Smoke Free Policy

Introduction

At Dandelions, we believe that smoking is harmful to health; the setting is a non-smoking establishment. Our policy has been developed to protect all employees, service users and visitors from exposure to second hand smoke and to assist compliance with the Health Act 2006.

Smoking is regarded by the medical profession as the major cause of many illnesses. It is estimated that approximately 100,000 smokers a year die in the UK because of their smoking habit (Ash, 2013). Children can be harmed by passive smoking, i.e. by inhaling smoke from other people's cigarettes. 600,000 deaths a year are caused by second hand smoke mostly among women and children from second hand smoke (Ash, 2013). Smoking is also harmful to the unborn babies of mothers who smoke. For all these reasons, Dandelions does all it can to educate children in such a way that they adopt a healthy lifestyle.

Staff

We do not allow smoking on any part of Dandelions site, including the staff room, because we do not want smoking to appear acceptable, or adult smokers to appear as role models. If any members of staff do wish to smoke, they must leave the site. Should any member of staff be found smoking on Dandelions/ school premises in contravention of this policy, we would consider this a serious breach of the terms of employment.

Monitoring and Review

It is the role of the Manager to ensure that this policy is fully implemented and regularly reviewed. However, all staff are obliged to adhere to, and support the implementation of the policy. The Manager shall inform all existing employees, consultants and contractors of the policy and their role in the implementation and monitoring of the policy. New staff will be given a copy of the policy in their induction.

Help to Stop Smoking

The NHS offers a range of free services to help smokers give up. Visit <https://www.nhs.uk/smokefree/help-and-advice/support> or call the free Smokefree National Helpline to speak to a trained, expert adviser on 0300 123 1044.

References

NHS., 2017. *Smoke free* [online]. DfH. Available from: <https://www.nhs.uk/smokefree/help-and-advice/support> [Accessed 14th November 2017].

Adopted November 2014

Reviewed December 2015

Reviewed January 2017

Reviewed/ amended November 2017